

WELLMAN UNION CAFE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 ST	2 ND	3 RD	4 TH	5 TH
8 TH	9 TH	10 TH	11 TH	12 TH
15 TH	16 TH	17 TH Biscuit, Gravy Scrambled Eggs Bacon or Cereal Variety Toast	18 TH Pancake Wrap Yogurt or Breakfast Strudel Cheese Stick	19 TH Cinnamon Roll Sausage or Muffin Yogurt
22 ND Pancakes Bacon or Cereal Variety Toast	23 RD Breakfast Taquito or Breakfast Crackers Cheese Stick	24 TH Breakfast Pizza or Breakfast Parfait	25 TH Oatmeal Cinnamon Toast or Breakfast Bread Yogurt	26 TH Donut Sausage or Breakfast Round Yogurt
29 TH Sausage Kolache Yogurt or Cereal Variety Toast	30 TH Cheese Omelet Toast or Breakfast Strudel Cheese Stick	31 ST Waffles Sausage or Muffin Yogurt		

AUG

MENU 2022

**GEAR UP FOR
S.T.E.M**



ANNOUNCEMENTS:

White, Chocolate,
and Strawberry Milk
Served Daily

Fresh Fruit and Juice
Served Daily

* Menu is Subject to
Change



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program



Updated 8/1/2022
www.SquareMeals.org

WELLMAN UNION CAFE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 ST	2 ND	3 RD	4 TH	5 TH
8 TH	9 TH	10 TH	11 TH	12 TH
15 TH	16 TH	17 TH Crispy Chicken Sandwich Fresh Veggie Cup Garden Salad Fruity Gelatin	18 TH Asian Bowl Egg Roll Broccoli Corn Mandarin Oranges	19 TH Pizza Carrots Savory Green Beans Grapes Cookies (K-12) Animal Crackers (Pre-K)
22 ND Country Fried Steak Mashed Potatoes Okra Gravy Roli Strawberries	23 RD Chicken Fajitas Spanish Rice (HS) Pinto Beans Carrots Salsa Hot Cinnamon Apples Sherbet Cup	24 TH French Bread Pizza Garden Salad Savory Green Beans Peaches	25 TH Popcorn Chicken Corn Roll Crunchy Broccoli Salad Fresh Apple Slices Brownie (K-12) Teddy Grahams (Pre-K)	26 TH Hot Dog Oven Fries Tomato Cup Snowball Salad
29 TH Meat & Cheese Chalupas Spanish Rice (HS) Refried Beans Corn Orange Smiles Salsa Pudding	30 TH Pulled Pork Sliders Fresh Veggie Cup Oven Fries Strawberries & Bananas	31 ST Chicken Nuggets Mac & Cheese Carrots Squash Grapes		

AUG

MENU 2022

**GEAR UP FOR
S.T.E.M**



ANNOUNCEMENTS:

White Milk Served
Daily (Pre-K)

White, Chocolate,
and
Strawberry Milk
Served Daily (K-12)

Fresh Fruit and Juice
Served Daily (HS)

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